

**APRIL
2024**



**SHENANGO
ELEMENTARY LUNCH MENU**

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate & white

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May Include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

PB&J Uncrustable with String Cheese & Crackers



BUILD YOUR OWN PIZZA LUNCH KIT
(Flat bread, Sauce, Cheese & Pepperoni)





Director of Dining Services
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www.payschoolscentral.com For online cafeteria payments

USDA is an equal opportunity provider and employer.

Menu Subject to Change due to Product Availability.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1</p> 	<p>2</p> <p>Grilled Chicken Salad with a Dinner Roll</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Curly Fries Cucumber Slices Choice of Fruit Choice of Milk</p>	<p>3</p> <p>Pancakes & Sausage</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Triangle Potatoes Baby Carrots Choice of Fruit Choice of Milk</p>	<p>4</p> <p>General Tso Chicken Over Rice</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Steamed Broccoli Hummus Choice of Fruit Choice of Milk</p>	<p>5</p> <p>Pepperoni Pizza or Buffalo Chicken Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Potato Smiles Baked Beans Choice of Fruit Choice of Milk</p>
<p>8</p> <p>Chicken Nuggets with a Dinner Roll</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Oven Fries Steamed Vegetables Choice of Fruit Choice of Milk</p>	<p>9</p> <p>American Deli Sub Ham, Bologna & Cheese</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Tater Tots Lettuce & Pickles Choice of Fruit Choice of Milk</p>	<p>10</p> <p>Walking Taco with Pretzel Stick</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>11</p> <p>Penne Pasta & Meatballs Garlic Bread Stick</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Italian Salad Sliced Cucumbers Choice of Fruit Choice of Milk</p>	<p>12</p> <p>Stuffed Crust Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Pierogies Baby Carrots Choice of Fruit Choice of Milk</p>
<p>15</p> <p>Mini Corn Dogs</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Curly Fries Hummus Choice of Fruit Choice of Milk</p>	<p>16</p> <p>Toasted Cheese Sandwich</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Chicken Noodle Soup Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p>17</p> <p>Chicken Fries with a Dinner Roll</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Tater Tots Green Beans Choice of Fruit Choice of Milk</p>	<p>18</p> <p>Nachos Grande Tortilla Chips</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>19</p>  <p>No School</p>
<p>22</p> <p>Chicken Tenders & Waffles</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Steamed Corn Veggies & Dip Choice of Fruit Choice of Milk</p>	<p>23</p> <p>Fruit & Yogurt Parfait w/Grahams & Cheese stick</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Garden Salad Cherry Tomatoes Choice of Fruit Choice of Milk</p>	<p>24</p> <p>French Toast Sticks with Sausage</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Triangle Potatoes Baby Carrots Choice of Fruit Choice of Milk</p>	<p>25</p> <p>Penne Pasta & Meatballs Garlic Bread Stick</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Spinach Salad Sliced Cucumbers Choice of Fruit Choice of Milk</p>	<p>26</p> <p>Cheese Pizza or Buffalo Chicken Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Potato Wedges Baked Beans Choice of Fruit Choice of Milk</p>
<p>29</p> <p>Cheese Sticks with Marinara Sauce</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Italian Salad Green Beans Choice of Fruit Choice of Milk</p>	<p>30</p> <p>Cheeseburger</p> <p>Craveable Pizza Kit PB & J Uncrustable</p> <p>Featured Veggies: Curly Fries Lettuce & Pickles Choice of Fruit Choice of Milk</p>	