

**MAY
2024**



SHENANGO ELEMENTARY LUNCH MENU

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price.

Minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread

Choice of Milk - 1% white, and fat-free chocolate & white

Weekly Vegetable Subgroups May Include:

Dark green - spinach, broccoli, romaine and spring salad

Red/Orange - carrots, sweet potatoes, tomatoes, red peppers

Beans/Peas

Starchy - white potatoes, corn, and lima beans

Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans and cabbage

Daily Fruit Selection May include:

oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Daily Entree Options include:

PB&J Uncrustable with String Cheese & Crackers



BUILD YOUR OWN PIZZA LUNCH KIT
(Flat bread, Sauce, Cheese & Pepperoni)



Director of Dining Services
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www.payschoolscentral.com For online cafeteria payments

USDA is an equal opportunity provider and employer.

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>5</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Triangle Potatoes Baby Carrots Choice of Fruit Choice of Milk</p>	 <p>5</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Pierogies Green Beans Choice of Fruit Choice of Milk</p>	<p>1</p> <p>Chicken Nuggets with a Dinner Roll</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Tater Tots Cheesy Broccoli Choice of Milk</p>	<p>2</p> <p>Nachos Grande Tortilla Chips</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>3</p> <p>Pepperoni Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Oven Fries Romaine Salad Choice of Fruit Choice of Milk</p>
<p>6</p> <p>Pancakes with Sausage</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Romaine Salad Hummus & Chips Choice of Fruit Choice of Milk</p>	<p>7</p> <p>Sloppy Joe Sandwich</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Potato Wedges Veggies & Dip Choice of Fruit Choice of Milk</p>	<p>8</p> <p>Chicken Fries with a Dinner Roll</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Oven Potatoes Steamed Corn Choice of Fruit Choice of Milk</p>	<p>9</p> <p>Penne Pasta & Meatballs Garlic Bread Stick</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Italian Salad Grape Tomatoes Choice of Fruit Choice of Milk</p>	<p>10</p> <p>Cheesy Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Curly Fries Veggies & Dip Choice of Fruit Choice of Milk</p>
<p>13</p> <p>Turkey & Cheese Croissant</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Romaine Salad Hummus & Chips Choice of Fruit Choice of Milk</p>	<p>14</p> <p>Beef & Cheese Soft Taco</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>15</p> <p>General Tso Chicken Over Rice</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Steamed Broccoli Sliced Cucumbers Choice of Fruit Choice of Milk</p>	<p>16</p> <p>Stuffed Crust Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Oven Fries Veggies & Dip Choice of Fruit Choice of Milk</p>	<p>17</p>  <p>NO SCHOOL</p>
<p>20</p> <p>Mini Corn Dogs</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Curly Fries Baked Beans Choice of Fruit Choice of Milk</p>	<p>21</p> <p>Toasted Cheese Sandwich</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Potato Wedges Veggies & Dip Choice of Fruit Choice of Milk</p>	<p>22</p> <p>Chicken Tenders & Waffles</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Green Beans Grape Tomatoes Choice of Fruit Choice of Milk</p>	<p>23</p> <p>Walking Taco with Pretzel Stick</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Steamed Corn Lettuce & Salsa Choice of Fruit Choice of Milk</p>	<p>24</p> <p>Cheesy Pizza</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Romaine Salad Baby Carrots Choice of Fruit Choice of Milk</p>
<p>27</p>  <p>NO SCHOOL</p>	<p>28</p> <p>Chicken Patty Sandwich</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Curly Fries Lettuce & Pickles Choice of Fruit Choice of Milk</p>	<p>29</p> <p>Taco Salad with Tortilla Chips</p> <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Steamed Corn Fresh Salsa Choice of Fruit Choice of Milk</p>	<p>30</p> <p>PTO PICNIC Grilled Burgers or Hot Dogs</p>  <p>Featured Veggies: Veggie Pasta Salad Watermelon Lemonade</p>	<p>31</p> <p>Cheesy Pizza</p>  <p>Craveable Pizza Kit PB & J Uncrustable Featured Veggies: Garden Salad Veggies & Dip Choice of Fruit Choice of Milk</p>